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In Atlanta

Cynthia Cunningham volunteered her time in a clean-up project in an Inman neighborhood as part of the United Way's Bridges Builders program.

How You Can Give Back:
The organization utilizes over 1,000 volunteers every month. Opportunities include the Product Rescue Center, in which people ages 8 and older sort, inspect, and pack donated food items; community gardens; and the Kids in Need school supplies initiative. Volunteers are needed for a variety of events that involve the community. The organization offers flexibility for volunteers, who can only commit three hours or more. Contact: Visit www.atlantaunited.org. For more information, call 404-968-2333.